

South Wales Women & Girls Football League



Handbook

Season 2025-2026 (V2)

Season 2025 – 2026
SWWGL Committee

Name	Position	Email
Chris Churchill	Chairperson	Chairman@swwgl.co.uk
Ryan Thomas	Vice Chair	vicechairman@swwgl.co.uk
Gail Powell	Secretary	swwglsec@gmail.com
Jane James	Discipline Secretary	swwgldisciplinary@gmail.com
Deb Ball	Safeguarding Officer	swwglsafeguarding@gmail.com
Ronnie Chase	Treasurer	swwgl.treasurer2024@gmail.com
Jody Pugh	EDI Champion Fixture Secretary	swwgl.fix.secretary@gmail.com
Gemma Lloyd Michael Holloway	Media Senior Clubs	SeniorMediaSWWGL@gmail.com

Fixture Secretaries

<u>Womens</u>	Michael Holloway Jody Pugh	women@swwgl.co.uk
Under 17s	Martin Price	u17@swwgl.co.uk
Under 16s	Jonathon Dark	u16@swwgl.co.uk
Under 15s	Martyn Jones	u15@swwgl.co.uk
Under 14s	Dean Harford	u14@swwgl.co.uk

Under 13s	Craig Lane	u13@swwgl.co.uk
Under 12s	Gwyn Roberts	u12@swwgl.co.uk

SWFA Standard Rules for Leagues

CONSTITUTION

C.1

The League Shall be called The South Wales Women and Girls League. The League Management Council (LMC), is authorised at its discretion to change the name of the League to incorporate the name of any sponsor, provided that prior permission has been obtained in writing from the Football Association (SWFA.)

C.2 AFFILIATION

C.2.1 The League will affiliate to the South Wales Football Association and, recognize and abide by the rules and regulations of the Association.

C.2.2 The League will function as part of the Football Association of Wales (“FAW”) pyramid structure and will operate within the regulations of the FAW pyramid as laid down by, and from time to time changed by the FAW (and SWFA)

(C.2.2 not applicable to Youth and Junior football)

C.3 AREA OF OPERATION AND MEMBERSHIP

C.3.1 The League will operate within the boundary areas as defined by the South Wales Football Association please see the appendix

C.3.2 Only those clubs affiliated to the SWFA will be permitted as members of the League

C.3.3 The League will consist of Divisions as agreed by the League Management Committee (LMC)

C4 GENERAL MEETINGS

C.4.1 A General Meeting will be held each calendar year, no later than the 31st of July,
This meeting will be called the Annual General Meeting ("AGM")

C.4.2 All other meetings are called General Meetings

C.4.3 The Hon. Secretary shall call an Extraordinary General Meeting ("EGM") on receipt of a requisition signed by one-third of member clubs. The LMC may by Unanimous decision call an EGM at any time. An EGM may be called at any time and for any purpose provided a fully compliant requisition is received by the Hon. Secretary

C.4.4 At least seven business days' notice will be given for all general meetings. ***To avoid doubt, a business day is defined as Monday to Friday. It excludes Saturdays, Sundays & Bank / National Holidays in Wales***

C.4.5 The agenda for all general meetings will be forwarded by the Hon. Secretary by e-mail to all member clubs at least 5 business days before the meeting.

C.4.6 In the case of the AGM, a duly audited statement of accounts and balance sheet must accompany the agenda

C.4.7 Clubs in membership of the League will be entitled to nominate a single representative to attend and vote at any general meeting. A maximum of two people can attend such a meeting although only one will be permitted to speak. Attendance is compulsory for all clubs, failure to attend may result in a fine as per the appendix

C.4.8 All members of the LMC may attend any general meeting of the League in their own right and will be entitled to vote as an individual at any such meeting. An individual may not also be a club representative – no person apart from the Chairman of the meeting shall have more than one vote. For the avoidance of doubt, this rule requires that an individual cannot attend and vote as an LMC member and as a club representative.

C.4.9 In the event of a tie vote at any general meeting, the Chairman will be given an additional vote which he/she will exercise as the deciding vote, provided that he/she has already exercised his/her right to vote in C. 4.8 above.

For the avoidance of doubt, this means if the Chairman fails to vote on the matter in hand, he or she cannot then exercise the right to an additional deciding vote on the same matter.

C.5 LEAGUE MANAGEMENT BOARD

C.5.1 The officers of the League may include the following posts,

Hon. Secretary,

Hon. Assistant Secretary (Fixtures), Hon

Assistant Secretary (Finance),

Hon., Assistant Secretary (COMET)

President
Chair
Vice-Chair
Social Media Officer / Webmaster
Additional posts In Junior Leagues
Safeguarding Officer
Accreditation Officer
EDI Officer

No Referee currently registered and active in the League will be allowed to serve on the LMC in any capacity.

An individual may hold more than one post but will only be entitled to one vote at meetings.

C.5.2 The affairs of the League will be managed by an LMC consisting of Officers, Vice Presidents and a maximum of six duly elected club representatives who shall be nominated in accordance with C.5.4 below.

C.5.3 Club representatives as stated in C.5.2 will be elected at the AGM of the League for a period not greater than 2 years prior to seeking re-election

C.5.4 Nominations for LMC members must be submitted in writing to the Hon Secretary at least 10 business days before the AGM

C.5.5 [deliberately left blank](#)

C.5.6 The appointment of President, Vice Presidents and Officers will be vested in the LMC C.5.7 [deliberately left blank](#)

C.5.8 All Life Members & Vice Presidents will be entitled to attend and exercise full voting rights at LMC meetings and all League General Meetings. Where Life members and Vice Presidents exercise their right to attend meetings, they will be considered part of a quorum.

C.5.9 A Life Member or a Vice President, who concurrently holds a position as a League Officer may continue in that post subject to the conditions stated in C.5.2 above. C.5.10 No Club shall have more than two representative(s) on the LMC either as an officer or an LMC member

C.5.11 No Referee currently registered and active in the League will be allowed to serve on the LMC in any capacity.

C.6 MANAGEMENT OF THE LEAGUE

C.6.1 The LMC will meet as required.

C.6.2 The agenda for the meeting and any relevant papers for discussion will be circulated by the Hon. Secretary by e-mail not later than 3 days prior to the meeting.

C.6.3 At its discretion, the LMC may appoint a subcommittee to deal with any matter and may delegate all necessary powers to the subcommittee.

C.6.4 A meeting will be deemed quorate provided at least 5 members are present, but this number must include at least one officer as defined in C5.1

C6.5 Where necessary, all decisions at meetings shall be made by a vote of those in attendance (this includes meetings conducted via video conference). In the event of a tied vote, the Chair of the meeting shall have a casting vote. Although it may be possible for an individual to hold more than one post on the LMC, no individual shall be entitled to more than one vote except the Chair of the meeting when they are exercising a casting vote.

C.7 URGENT MATTERS

C.7.1 The Hon. Secretary will manage the day-to-day affairs of the League and will be authorised to deal with urgent, important matters wherever possible by consultation with the Chairman, Vice Chairman or another League Officer, either by telephone or e-mail. If, for whatever reason, the consultation process is not possible, the Hon. Secretary will be empowered, where necessary, to make an immediate decision. This decision will be communicated to the Chairman as soon as possible after the event and will be ratified at the next LMC.

C.8. ATTENDANCE AT MEETINGS

C.8.1 Members of the LMC will be entitled to claim travelling expenses for attendance of meetings at the rate given in Annexe 1

C.8.2 Any member of the LMC who fails to attend three consecutive meetings, including subcommittees, without a reasonable excuse, will be notified in writing that absence from the next meeting will be considered as immediate resignation from the LMC.

C.8.2.1

The definition of reasonable in C.8.2 above will be at the sole discretion of the LMC -----

RULES:

1. MEMBERSHIP: 1.1. Subscription:

1.1.1. All clubs shall pay an Annual Subscription as shown in Annexe 1.

A Guarantee Fee, as shown in Annexe 1, shall be paid by all clubs entering the League. This fee shall be placed in a deposit account, and the LMC shall have the power to return it to the club on losing its membership of the League, providing the conduct of the club has been satisfactory, and it has fulfilled all its obligations with the League and its clubs. **Please See Annexe 1, relating to this rule Sub Female Rule**

1.13

No Club shall withdraw from membership of the league, except on giving notice in writing to the Hon Secretary, not later than the 31st March in any year of its intention to do so at the end of the current season. Any club ignoring this rule and leaving the league without giving the required notice shall be liable for a fine as shown in **Annexe 2**

1.2. Payment of Accounts/Fines:

1.2.1. All accounts, including the levying of fines, MUST be paid within 31 days of the date of such account. Failure to comply without good cause will incur a fine as shown in Annexe 2. The LMC will suspend the fixtures of any club that fails to comply with the time limit. Any fixtures postponed, as a consequence of this action, will be dealt with under Rule 5.8.2.

1.2.2. The maximum fine that can be imposed by the LMC on a club for any individual offence will be capped as stated in Annex 2.

1.3. Friendlies:

1.3.1. All friendly matches must have appropriate sanctions in accordance with FAW Rules 108-112.

Sanctions are not considered valid unless given in writing or by email <https://swwgl.knack.com/clubs#friendly-request/>

1.4. Conduct of Clubs:

Any club/Team/Registered individual whose conduct has been, in the opinion of the LMC, objectionable may be excluded from membership of the League, provided that a motion to exclude the offending club / team / individual is supported by a simple majority of club delegates present, and entitled to vote at either an AGM or EGM

1.4.1. Any club whose conduct has been, in the opinion of the LMC, objectionable may be excluded from membership of the League, provided that a motion to exclude the offending club is supported by a simple majority of club delegates present, and entitled to vote at either an AGM or an EGM.

1.4.2. Any club which fails to attend either an AGM or an EGM will be dealt with in accordance with Annex 2.

1.4.3. All League correspondence requiring a response MUST be answered within 7 business days of the date of the communication, or sooner if specified. Failure to reply within the specified period may incur a fine as shown in Annex 2.

1.4.4. Clubs must provide an active e-mail address to enable the League to forward urgent information and name a minimum of 2 club officials who have full access to this email account or if this is not appropriate a second active email address.

2. PROMOTION/RELEGATION:

2.1. League Competition: (Seniors)

2.1.1. Three points will be awarded for a win, and one point for a draw.

2.1.2. At the conclusion of each season's competition, the club in each Division attaining the largest number of points shall be declared the Champion Club.

2.1.3. In the event that two or more clubs finish equal on points, then the highest position will be awarded to the club with the greatest goal difference. If two or more clubs are equal on points and goal difference, then the highest position will be awarded to the club scoring the greatest number of goals in the season. In the event of clubs still being equal, the LMC shall have the discretion to order a play-off match(es) between the club(s) concerned or declare the teams to have finished in equal position(s)

2.1.4. Trophies and mementoes shall be presented to the winners and runners-up of League Competitions at the discretion of the LMC.

2.1.5. 2.1.5. Trophies are the property of the League. Clubs in receipt of trophies must return the same, in good condition, by March 1st of the following season. Failure to comply will result in that club being fined for not returning by said date as per Annex 1. The League will require a written indemnity for each trophy which must be signed by two Officials of the recipient club(s), who will

guarantee to cover loss or damage by whatever cause. Such loss or damage is to be made good at no expense to the League, up to the value of the respective trophy as determined by the LMC.

- 2.1.6. Where a League comprises more than one division, the League Management Committee shall promote a minimum of two clubs from each lower division. A minimum of two clubs shall also be relegated but this number may be varied at the discretion of the LMC in the event of vacancies occurring in the higher division.
- 2.1.7. At the end of an uncompleted season, the champion club will be determined by the following method. Points per game ratio across the games played until the curtailment. The same methodology will be used for determining runners-up and if required any relegation places.

2.2. Promotion to South Wales Alliance League:/ *Adran South League*

- 2.2.1. Promotion to the SWAL/*Adran South League* will be subject to the SWFA/FAW Pyramid Regulations.
- 2.2.2. Any club intending to seek promotion to the SWAL must apply to the secretary of the SWFA by 31st December in accordance with the systems and procedures laid down by the SWFA.

Clubs in the Women's Combined Division of SWWGL wishing to seek promotion must adhere to the FAW Women's Licensing criteria.

2.3. Additional Rules for Junior Divisions

- 2.3.1. Three points will be awarded for a win, and one point for a draw.
- 2.3.2. At the conclusion of each season's competition the club in each Division attaining the largest number of points shall be declared the Champion Club.
- 2.3.3. In the event that two or more clubs finish equal on points, the LMC shall have the discretion to order a play-off match(es) between the club(s) concerned or declare the teams to have finished in equal position(s). If teams (s) are still equal after playoff matches (es) are completed, any trophies will be shared between the teams (s) involved.
- 2.3.4. At the end of an uncompleted season, the champion club will be determined by the following method. A points-per-game ratio across the games played until the curtailment. The same methodology will be used for determining runners-up and if required any relegation places.

3. FACILITIES:

3.1. All clubs in membership of the League must at all times provide adequate ground and dressing room facilities for both teams and match officials. 1. Facility Standards All clubs affiliated with the League must ensure that adequate ground and Dressing room facilities are provided at all times for:

- Both participating teams
- Match officials

2. Warm-Up Period for 11-a-Side Matches

- A dedicated 20-minute warm-up period must be allocated before the scheduled kick-off time. During this time, both teams must have access to the match field or A designated warm-up area

3.2 Any appropriately identified member of the LMC shall have free access to the ground during the progress of any game played under the jurisdiction of this League.

4. REGISTRATION/TRANSFERS:

4.1. Registration:

4.1.1. The League will operate in accordance with the Registration Rules of FAW.

4.1.2. All players must be registered for the club for which they are competing.

4.1.3. All clubs must register at least 14 players for each senior team and each junior age group team except for under-12 and under-13 where the minimum will be 12.7 days before the start of a season. Clubs failing to comply will be liable to a fine as detailed in Female Game Annexe 1.

4.1.4. No registrations will be **permitted** after 5 pm on the last Thursday in March each season.

Under-11s may be registered throughout the closed period.

4.1.5. The LMC will have the right to accept, reject or withhold a player's and coaches and registered official registration at any time, subject to the right of appeal to the SWFA.

4.2. Transfers:

4.2.1. The League will operate in accordance with the Transfer Rules of FAW.

4.2.2. No transfer of a player from one League club to another will be permitted after 5 pm on the last Thursday in March each season.

4.3. Ineligibility:

4.3.1. A player will be deemed ineligible in the event of non-compliance with any aspect of the procedures stated in the FAW Rules and Regulations. **Please see Appendix 2**

4.4. Approaching Players:

4.4.1. Officials and members of clubs shall strictly comply with the provisions of the Rules of the FAW with regard to the approach of players, and any alleged breaches will be reported to the SWFA

4.5. Rule Infringement:

4.5.1. Any infringement of Rule 4 will be dealt with in accordance with Annex 2.

4.6. Rostering of Junior players

- 4.6.1.** All teams (U12 to U17), and any youth teams competing in South Wales Youth League must complete the team Roster on Comet or using the systems and procedures set out by the FAW from time to time for each competition they have entered, this includes cup competitions.
- 4.6.2.** If a club has more than one team in a League/Competition, a player can only be assigned to one of those teams and appear on that team roster only. Failure to do this may result in Disciplinary Action being taken by the League.
- 4.6.3.** Junior teams must comply with SWFA supplementary rule 12.2 at all times. SWFA supplementary rule 12.2 - Junior Clubs may only register a maximum of twenty players per team.
- 4.6.4.** Players will NOT be allowed to move (internal transfer) from one team to another team within the club except with extenuating circumstances (excluding goalkeepers) and with the leagues permission. One (1) business day's notice is required for the internal transfer to be actioned. No internal transfers will be permitted after 5 pm on the last Thursday in March each season. No more than 3 players will be allowed to internally transfer during a rolling 28 day period.
- 4.6.5.** Players will not be permitted to 'internally transfer' to another team within the club to be eligible to play in a League Cup if the player has already played in the cup that season.
- 4.6.6.** There will be no fee for internal transfers.

4.7. Rostering of Senior players

- 4.7.1.** All clubs who have more than one team in the league must complete a team Roster on Comet or using the systems and procedures set out by the FAW from time to time for each competition they have entered, this includes cup competitions.
- 4.7.2.** If a club has more than one team in a League/Competition, a player can only be assigned to one of those teams and appear on that team roster only. Failure to do this may result in Disciplinary Action being taken by the League.
- 4.7.3.** Players will NOT be allowed to move (internal transfer) from one team to another team within the club except with extenuating circumstances (excluding goalkeepers) and with the leagues permission. One (1) business days' notice is required for the internal transfer to be actioned. No internal transfers will be permitted after 5pm on the last Thursday in March each season. No more than 3 players will be allowed to internally transfer during a rolling 28 day period.
- 4.7.4.** Players will not be permitted to 'internally transfer' to another team within the club to be eligible to play in a League Cup, if the player has already played in the cup that season.
- 4.7.5.** There will be no fee for internal transfers.

FAW adopted Rule

“Where (i) a Club which plays in a National League and also has a reserve team playing in a league at Grassroots Level and (ii) the Club’s first team (which plays in a National League) does not have a playing fixture on a given day, then on that given day no more than three (3) Players from the Club’s first team (which played in the Club’s last fixture in a National League) shall be allowed to play in the reserve team league fixture played on that given day.”

The above shall be the only provision permitted by the Association to appear in the rules of any organisation under the jurisdiction of the Association (whether as a Member, Associate Member or Subordinate) relating to the regulation of first team Players playing in the reserve team of the same Club in a reserve team league fixture.

5. FIXTURES/POSTPONEMENTS:

5.1. Fixture Arrangements:

5.1.1. All fixtures will be arranged by the LMC. Changes to a published fixture list to accommodate any Cup Matches and/or rearranged fixtures will be made by the LMC. All fixtures arranged by the league must be communicated to the participating clubs, with a minimum of 7 days' notice before the scheduled match date. Cup dates will be three days.

Any changes to fixture details, such as pitch, time, or venue, must be updated in the Comet system no later than the Tuesday preceding the match. Failure to do so may result in fines.

Please see Annexe 1.

In emergencies (frozen pitch /waterlogged changing to 3 g }, fixture changes may be allowed up to two hours before the scheduled kick-off, provided the LMC agrees and all relevant parties are promptly notified.

Annexe Rules 5.1.1 a. Any team failing to fulfil its League fixtures may be liable to a fine of up to £30. In addition, the game may be declared void and the points awarded to the opposing team. Teams committing a subsequent offence in the same season shall be dealt with by the Management Committee as they see fit and may be liable to expulsion from the League.

5.1.1 b Fixtures will be arranged by the appropriate League Fixture Secretary. If a pitch is considered unfit to play by the Council or Club before match day, then the appropriate League Fixture Secretary must be notified immediately to consider an alternate venue or fixture before any team postpones the match. There will be a fine for not complying.

5. 1.1c. All matches must be played on a Sunday. Kick-off times for Sunday matches for U12 and 13 must start between 10:00 am and 2:00 pm while matches for U14, U15, U16 and Women must start between 12:00 pm and 4:00 pm. The home side arranges the time.

The LMC may arrange midweek fixtures where kick-off times must be mutually agreed by the clubs.

5.2. Free Dates:

5.2.1. clubs will be allowed a maximum of 3 free dates for League fixtures only. All requests must be made in writing to the Hon. Secretary not less than 10 days prior to the required free date (10 days for youth/juniors. **(In the female game please use the league database link below.)**
<https://swwgl.knack.com/clubs#free-dates/>

5.3. Match In Lieu:

5.3.1. Clubs shall not mutually agree to play a match in lieu of a League or Cup match. Any match that is played to a conclusion must count as a League or Cup match.

5.4. Match Officials:

5.4.1. The Referee (and any Assistants), for any matches under the jurisdiction of the League, will be appointed by the LMC. Match officials must accept or reject using the systems and procedures set by the Association from time to time. Failure to do so could affect any future match appointments for the League.

5.4.2. Both Clubs shall pay the expenses of the appointed Match Officials on the day of the match. 5.4.2.3

1. Payment Obligation

All participating clubs must pay the full referee fee prior to the match commencing.

2. Penalty for Non-Payment

If a club fails to pay the referee fee:

- An administrative fine will be imposed (see Annexe 1).
 - The club must still pay the full referee fee within 2 days of the match.
 - 3. Consequences for Repeat Offences Repeated violations may lead to:
 - Increased fines
 - Points deductions
 - Other disciplinary actions as determined by the governing body
- The fees and expenses are shown in Annex 1.

5.4.2.1. Any club paying a referee more than his claimed fee and travelling expenses shall be reported to SWFA.

5.4.2.2. Any Match Official claiming more than the agreed fee and expenses shall be reported to SWFA.

5.4.2.3. If the match official attends a match that subsequently is postponed before kick-off, the home club will pay half the match fee, as stated in Annexe 1, plus travelling expenses.

5.4.3. Neutral Assistant Referees will be appointed only by special requests or when deemed necessary by the LMC.

5.4.4. Where Assistant Referees are not provided, each club must appoint an Assistant Referee who must be advised to the Match Referee before kick-off.

5.4.5. Match Officials should attend the ground at least 30 minutes before kick-off.

5.4.6. Club Officials, players or spectators must not approach the Match Officials for 15 minutes following the final whistle unless invited to do so by the Referee.

5.4.7. In the event of an appointed Referee or Assistant Referee not attending or no referee being appointed to a match, the two clubs may agree before the start of the match to appoint an official at the ground. Such Referee shall be considered to be the Match Official. Priority must be given to anyone who holds a referee qualification and is prepared to undertake the appointment.

SUB Rules Female Game only

In the case of no agreement, then the away side may nominate a person to referee the game. If, for any reason, this is protested, then the match **MUST** be played, but a written letter of protest may be submitted before the match by either team. Referees cannot be changed during the game unless due to injury.

FAW rule to be used in Tier 3: The combined league

A Club at its discretion may use up to five (5) substitutes, within three substitution opportunities (halftime not included within the substitution opportunity limit), at any time during a Match except to replace a Player or Players who have been sent off or suspended from the Match by the Referee. Substitutions can only be made when the play has been stopped for any reason and the Referee has given permission. The name(s) and numbers of the substitute(s) must be nominated to the Referee on the Team Sheet in accordance with Rule 22 below. Clubs may nominate up to seven (7) substitutes for each Match.

5.5. Fitness of Grounds:

5.5.1. Each club must take every precaution to keep its ground in a good playing condition.

5.5.2. Where the ground belongs to a Local Authority or University, grounds under community asset transfer, that Authority may exercise its right to postpone a fixture due to adverse weather.

Sub Rule Female Game only

If a pitch is considered unfit to play by the Council or Club prior to match day, then the appropriate League Fixture Secretary must be notified immediately to consider an alternate venue or fixture before any team postpones the match. There will be a fine for non-compliance. See Annex 2

5.5.3. On all other grounds, the Referee shall have the power to decide as to the fitness of the playing surface.

5.5.4. In adverse weather, the home club may arrange for a referee to inspect the ground conditions at least one hour before the scheduled kick-off time. This referee, if not the appointed Match Referee, must be a currently registered Official on COMET

5.5.5 It is the responsibility of the home club to ensure goal nets and corner flags are supplied for each match, Failure to comply may result in a fine as listed in Annex 2

5.6. Kick-Off Times:

5.6.1. All kick-off times will be arranged by the LMC as stipulated in **Annex 3**.

5.6.2. Application for earlier or later kick-offs than the above must be mutually agreed by the two Clubs and the appointed match official involved and must be forwarded to the Hon. Secretary at least 5 days before the scheduled date of the match. In exceptional circumstances (e.g. during spells of bad weather) the League can agree to a request at a shorter period of notice provided both clubs and the match referee are in agreement. Please disregard

5.6.3. Any club causing a late kick-off, without reasonable cause, will be dealt with in accordance with Annex 2.

5.7. Duration of Matches:

5.7.1. All matches shall be played under the Rules of the FAW and the FIFA Laws of the Game.

5.7.2. Senior & Youth matches will be of 90 minutes duration.

5.7.3 Junior Matches will be of the following duration

U/17s, U/16 & U/15s' 80 minutes of equal halves

U/14's & U/13's 70 minutes of equal halves

U/12's 70 minutes of equal halves

5.7.4 Matches at under-12 and under-13 must also be played in line with the FA of Wales regulations on small-sided football

5.8. Postponement:

5.8.1. No League or Cup game arranged by the LMC shall be postponed by a club other than with the permission of a League Officer.

5.8.2. Any Club which, without reasonable cause, fails to fulfil a League or Cup fixture will be dealt in accordance with Annexe 2.

5.8.3. At the discretion of the LMC, the offending club in 5.8.2 may be ordered to reimburse their opponents for any reasonable expenses incurred.

5.8.4. The definition of 'reasonable cause' in 5.8.2 above and 'reasonable expenses' in 5.8.3 above will be at the sole discretion of the League Management Board.

5.9. Under Strength Teams:

5.9.1. Any club found guilty of deliberately fielding an understrength team in either a League or Cup Match will be dealt with at the discretion of the League Management Board.

5.10. Abandonment:

5.10.1. When a match is abandoned due to inclement weather, injury or other reason apart from misconduct, the LMC will have the right to decide if the score at the time of abandonment shall be the Final Score or if the Match shall be replayed.

5.10.2. Any match abandoned by the Match Official due to indiscipline of a Club or Clubs must be reported by the Match Official to the SWFA Assistant Secretary Discipline.,

5.10.3. Any club found guilty by the SWFA of having caused the abandonment of a match (or if the cause is attributed to that club's player(s), spectator(s) or club officials(s)) will have 3 points deducted from its League record for each such offence.

5.10.4. The LMC may, at its sole discretion, award the match to the opposing innocent club by a score of 3-0 or by the actual score at the time of the abandonment, whichever is the greater.

5.10.5. In the event that both clubs are found guilty by the Area Association, the LMC may, at its absolute discretion, declare the match void and order that it be replayed.

5.11 Substitute players:

5.11.1 In the senior divisions, a maximum of 5 substitutes may be nominated, using the systems and procedures set by the Association. 5 nominated substitutes will be allowed to play in the senior divisions.

Sub Rule Female Game only

In the Women's and girls' Games, five substitutes per team may be nominated and used. Roll-on roll off substitutes may be used but must not exceed the number of substitutes allowed for the game (five), with all players having to enter the pitch when agreed by the referee. All substitute names, whether or not they played in the game, must be entered on the match team sheet.

In the junior divisions, a maximum of 5 substitutes may be nominated, using the systems and procedures set by the Association. In junior divisions, 5 substitutes are allowed to play. Returning substitutes can be

used at any time during the match, except to replace a player who has been sent off and can only be made when play has stopped, and the referee has given permission.

6. CLUB COLOURS AND NUMBERING:

6.1. Colours:

6.1.1. Each club in the League shall register the colours of its shirts, shorts and socks with the Secretary by 30th June. Clubs shall not play against each other in the same colours. The colours of the opposing clubs must be distinctive. In the event of two clubs having similar playing colours, the visiting club shall make a change.

6.1.2. The goalkeepers shall play in colours distinct from the other members of both teams. Goalkeepers are not permitted to wear black jerseys.

6.1.3. No team will be allowed to play in predominantly black or predominantly navy-coloured shirts.

6.1.4. All clubs must wear kits & equipment in accordance with Law 4 of the Laws of the Game. This includes undergarments.

6.2. Numbering:

6.2.1. Players' shirts, including the goalkeeper and substitutes, must be numbered for all matches and the numbers must correspond to the information given on the COMET

6.3. Rule Infringement:

6.3.1. Any infringement of Rule 6 will be dealt with in accordance with Annex 2.

7. PRE-MATCH COMMUNICATION:

7.1. Home Team Responsibilities:

If a match is postponed, it is the responsibility of the home club Secretary to notify the League, the opposing team and the Match Official immediately. Failure to comply with this rule will incur a fine in accordance with Annex 2.

7.2. Team Sheets:

7.2.1. At least 30 minutes before the scheduled start of a League or Cup match (15 minutes for junior games), each club must submit a completed Team Sheet using the Comet systems and procedures set by the Association from time to time.

7.3. Rule Infringements:

7.3.1. Any infringement of Rule 7 will be dealt with in accordance with Annex 2.

8. POST-MATCH COMMUNICATION:

8.1. Team Responsibilities:

8.1.1. The home club is required to complete the submission of match results and game details using the systems and procedures set by the Association from time to time

8.1.1.2. If any difficulties arise during this process, the home team are responsible for contacting the Hon. Secretary, or the nominated League Officer, within the timescales.

8.2. Rule Infringements:

8.2.1. Any infringement of Rule 8 will be dealt with in accordance with Annex 2.

9. PROTESTS/APPEALS:

9.1. Protests and Complaints:

9.1.1. Any protest must be submitted via an email address registered to the club on COMET to the League secretary and to the opposing club within 3 days of the match to which it refers.

9.1.2. A protest must be submitted and accompanied by a fee as stated in Annex 1. The deposit may be forfeited in the event of the protest being deemed frivolous.

Procedure for submission of a protest

By 2.00 pm on the next Business Day following the day of the match submit in writing via e-mail to the League Secretary their intention to submit a protest and the particulars upon which the protest is based.

(By 2.00 pm on the second Business Day following the day of the match, submit to the League Secretary written statements and evidence (including video/DVD where available) in support of the claim together with the relevant fee as set out in Annex 1.

9.1.3. All protests will be heard and decided upon by the LMC.

9.2. Appeals:

9.2.1. Any club wishing to appeal against a decision of the LMC should appeal to the South Wales Football Association in accordance with their rules.

10. NOT PROVIDED FOR:

10.1. The LMC will deal with all matters not provided for in these rules.

11. HANDBOOK

11.1. The LMC shall produce a digital League Handbook to include these rules plus the names and addresses of every club contact and referee. Each club will have access to a digital version of this handbook and will have to acknowledge receipt of an email containing the link to the digital handbook within 10 business days of it being sent out. Failure to acknowledge receipt of this email will be dealt with in ANNEX 2. (In the Female Game, This is done through the league database)

On request, the LMC will supply all referees, appointed to officiate in this League, with a free paper copy of the League Handbook.

CUP COMPETITIONS:

1. Entry and Eligibility:

- 1.1.** The Cup shall be called the Alan Evans Cup, the Rob Lewis Cup and the Junior Divisional Cup. All clubs in membership of the League may/must (Leagues to delete as applicable) compete in this Competition unless suspended from the Competition by LMC
- 1.2.** All players must have been registered in accordance with FAW rules.
- 1.3.** Any club found guilty hi of playing an ineligible player, as defined in League Rule 4 and/or Rule 1.3 above, will be dealt with in accordance with Annex 2.

2. Match Venues:

- 2.1.** The draw for the rounds of the Cup will be made by the LMC. The club drawn first will be given the home venue.
- 2.2.** In the event of the ground of the first drawn club not being available on the Conference Date, the game must be played on the ground of their opponents. Only if the grounds of both clubs are not available will a postponement of the match be allowed.
- 2.3.** The Final will be played on a neutral ground determined by the LMC.
- 2.3.1.** The club drawn first shall play the tie at their own ground. If this is not available then the match shall be played on the ground of their opponents.

3. Match Arrangements:

- 3.1.** Home secretaries must notify the away club and the Official(s) of match arrangements in the same manner as for League matches.
- 3.2.** Kick-off times for cup matches are stated in Annexe 3.
- 3.3.** Unless expressly stated, all ties will be one game straight knock-out match of 90 minutes duration. Junior cup matches shall be of the same duration as stated in League Rule 5.7.3. In the event of a game being drawn, it shall be decided by a series of penalty kicks, in accordance with the rules of the FAW. Leagues may organise Cup competitions to include a group stage element at their discretion. Where Leagues exercise this right, they will provide appropriate instructions to competing clubs before the start of each competition.
- 3.4.** Where the colours of the two competing Clubs clash, the away team must change their colours.
- 3.5.** Where the colours of two competing Clubs clash in the Semi-Final and Final, the Club colours should be decided by mutual agreement or, if not agreed, by the toss of a coin, with the winner allowed to wear their choice of colours.
- 3.6.** A club found guilty of failing to fulfil a Cup fixture will be dealt with in accordance with Annexe 2.

3.7. Substitutes may be used as provided for in Rule 5.11 of the League Rules.

3.8. A club found guilty of causing the abandonment of a Cup match by the South Wales Football Association (or if the cause is attributed to that club's player(s), spectator(s) or club officials(s)) will be expelled from the competition for the current season, and the match shall be awarded to the opposing innocent club.

3.9. If both clubs are found guilty of causing the abandonment, both clubs will be expelled from the competition for the current season.

3.10. A minimum of 16 mementoes may be awarded to both the winners and the runners-up of the Competition.

4. Expenses:

4.1. All matches, except the Final, shall be treated the same as League matches as far as expenses are concerned, and managed in accordance with League Rule 5.4.2

4.2. For the Final, the Match Officials will each receive a memento/token payment plus expenses. These costs will be borne by the League

ANNEX 1 Fees, Subscriptions and Administration Charges

Rule No	Description	Amount (£)
C.8.1.	LMC Members' Travelling Expenses	£0.45 per mile

1.1.1.	A club shall only be required to pay one Girls' guarantee fee regardless of the number of Girls' teams it enters into the League but for Women, a separate guarantee fee is required. Any team withdrawing from the League after fixtures have been released and before completing its fixtures in any season shall forfeit their guarantee fee. Should a club have outstanding fines exceeding their guarantee fees, their fixtures will be suspended until the fines are paid.	£50.00 Juniors £100 pounds bond For Senior Players
	Club Annual Subscription – Local Men's League, Women's League & Youth League	£50.00

	Club Annual Subscription – Junior League	£20.00
4.12	League Cups will be added to the entry fee	£5.00 junior and £10.00 senior
4.1.3	Failing to register at least fourteen players no later than seven days before the start of the season	Up to £50.00
5.4.2.	Referees Match Fee	£ 35.00 plus travelling up to 15.00 £25.00 plus travelling up to 15.00
5.4.2.	Referee's Travel Expenses per mile Failing to pay a referee	£0.45 30.00
9.1.2.	Deposit for protest	£30.00

ANNEXE 2

Fines and Penalties

Rule No	Description	Penalty
C4.7	Failure to attend a League Meeting	£20.00
1.1.3.	Withdrawal from the League without notice as per the Rule	£ 40.00
1.2.1.	Late Payment of Fees and Fines 1 st Offence	£20.00

1.2.1.	Late Payment of Fees and Fines 2 nd and subsequent offences	£30.00
1.2.2.	The maximum Club fine for any individual offence is capped at.	£250.00
1.4.2.	Club failing to attend either an AGM or an EGM	£ 50.00
1.4.3.	Failure to reply to League correspondence	£20.00
4.3.1.	Playing an ineligible player-first offence In the event of a club being found guilty of playing an ineligible player(s) 1. The club will be fined (see appendix) for each player 2. A 3-point deduction from the league table. 3. Should the offending side have gained points in the game(s), all points may be awarded to their opponents, and goals scored in the game by the offending club may be deducted from their record. Teams committing a subsequent offence in the same season shall be dealt with by the Management Committee as they see fit and may be liable to expulsion from the League.	£30 and 3 points deducted from the league table, and points awarded to the opposition.
5.5.2.	Failure to notify fixture sec of game being called off	£20.00
5.5.5	Failure to supply adequate goal nets or corner flags at a ground	£10.00
5.6.3.	If a club is guilty of causing a late start	£10.00 for each

5.8.2.	Failing to fulfil a fixture	Seniors £30 with 3 points deducted from the league table and the game replayed. Juniors 30.00 fine and 3 points awarded to the opposition failure to fulfil three fixtures will be expelled from the league.
5.9.1.	Fielding an under-strength team	£10
6.3.1.	Failure to comply with any aspect of Rule 6 – first offence	£10.00
6.3.1.	Failure to comply with any aspect of Rule 6 – second and each subsequent offence	Additional £10.00 each time i.e. £20.00

		for 2 nd offence £30.00 for third offence etc.
7.1..	Failure to notify of a postponed fixture	£20
7		
7.5.1.	Failure to comply with any aspect of Rule 7(except for 7.2.2) – first offence	£10.00

7.5.1.	Failure to comply with any aspect of Rule 7 (except for 7.2.2) – second and each subsequent offence	Additional £10.00 each time i.e. £20.00 for 2 nd offence £30.00 for third offence etc.
8.3.1.	Failure to comply with any aspect of Rule 8 – first offence	£10.00
8.3.1.	Failure to comply with any aspect of Rule 8 – second and each subsequent offence	Additional £10.00 for each offence i.e. £20.00 for 2 nd offence £30.00 for 3 rd offence etc
Cup Rule 1.5.	Playing an ineligible player	£30.00 fine and elimination from the competition
Cup Rule 3.6.	Failure to fulfil a cup fixture	£30.00 fine and elimination from the competition

ANNEX 3

Times of Kick Offs

Rule No	Description

5.6.1.	All matches are to be played on Sundays unless midweek fixtures are arranged with kick-off times mutually agreed by the clubs. Where kick-off time cannot be mutually agreed upon, the matches for U12 and U13 must start between 10:00 am and 2:00 pm while matches for U14, U15, U16 and Women must start between 12:00 pm and 4:00 pm. With midweek games KO must be between 6 pm and 8 pm

Cup Competitions

Seniors The Alan Evans Cup, Plate Trophy
The Under 16s Rob Lewis Cup
Junior Divisional League Cups